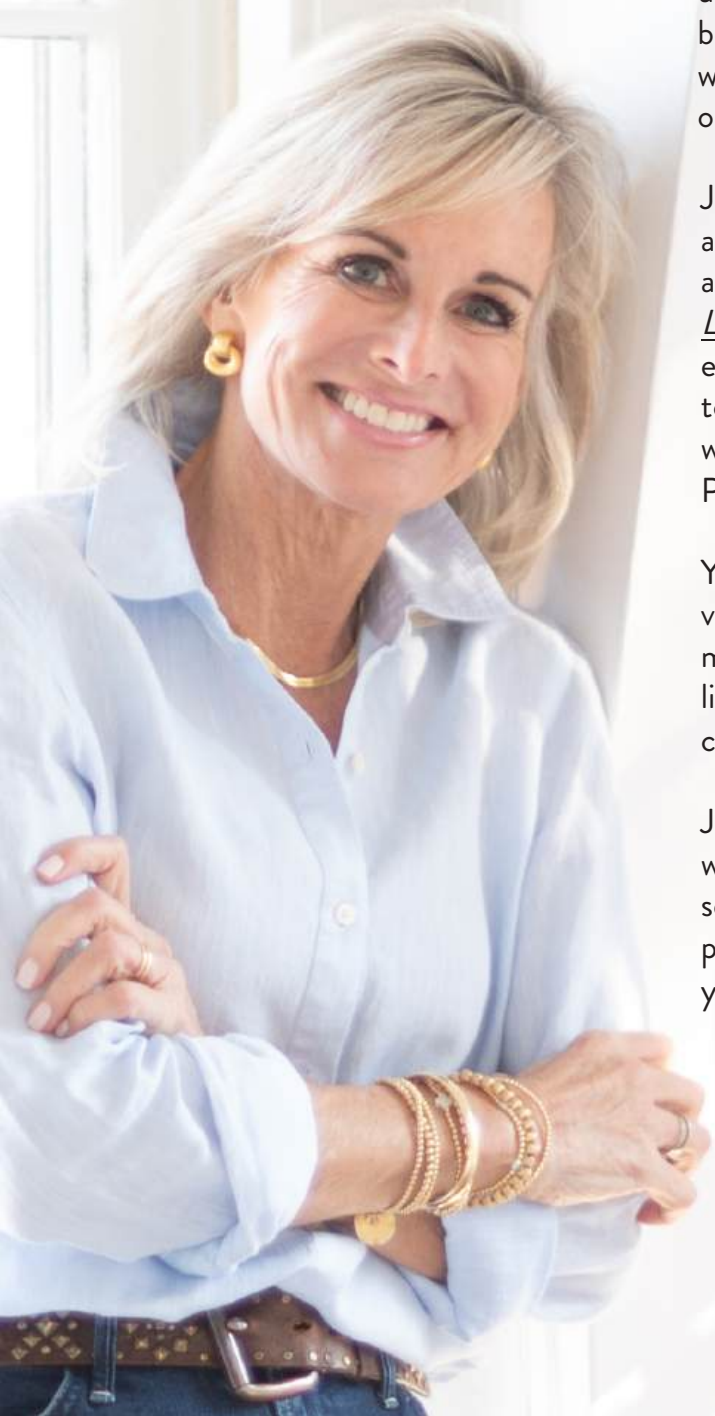


Jodie Berndt

Pursuing Joy.
Celebrating Grace.
Living on Purpose.



Jodie Berndt is passionate about a lot of things, including her family (she has four married children and five grandchildren), college sports (they cheer for U.Va.), long beach days, good books, and Jesus.

Jodie has written a dozen books, including the bestselling *Praying the Scriptures* series, which includes books to help you pray powerfully for your *Children*, *Teens*, and *Adult Children*, as well as your *Marriage* and your *Life*. She's also the author of three companion *Study Guides* (free at JodieBerndt.com), which are designed to promote biblical understanding, facilitate prayer, and create connection between parents who may be feeling isolated or unseen, whether they are raising toddlers, navigating the teen years, or living with a full heart and an empty nest.

Jodie's heart is to equip people to pursue joy, celebrate grace, and live on purpose. With her trademark blend of biblical insight and real-life humor, Jodie hosts Focus on the Family's *Mom Life Unscripted with Jodie & Friends*, a program designed to encourage and equip moms in all seasons of life. She also speaks to conferences and women's events around the country and writes for a variety of media outlets, including Fox News, Proverbs 31 Ministries, the Life Bible app, and Club31Women.

You can connect with Jodie on Instagram [@jodie_berndt](https://www.instagram.com/jodie_berndt) and via her website, JodieBerndt.com, where you'll find Jodie's monthly-ish newsletter as well as a selection of free resources like videos, study guides, and printable prayer cards and calendars.

Jodie earned her B.A. in English from the University of Virginia, where she met her husband, Robbie, and where they eventually sent all four of their children to school. Football season may be painful, basketball can be both glorious and heartbreaking, but year in and year out, everyone is always happy at the tailgate!

jodieberndt.com

