Jodie Berndt is passionate about a lot of things, including her family (she has four married children and two grandchildren), college sports (they cheer for U.Va.), long beach days, good books, and Jesus.

Jodie is the author of ten books, including the bestselling *Praying the Scriptures* series with volumes for Children, Teens, and Adult Children, as well as *Praying the Scriptures for Your Life*. She’s also created study guides, devotional videos, and a collection of printable prayer cards, all available at jodieberndt.com. These and other resources help make prayer more doable, promote biblical understanding, and facilitate connection between parents who need to know that we are not alone, whether we’re trying to get a toddler to sleep through the night or figuring out how to navigate the empty nest years.

A former television writer and producer, Jodie is a regular guest on programs like *Focus on the Family* and *The 700 Club*, as well as a variety of nationally known podcasts. Her articles have been featured by media outlets such as Fox News, Proverbs 31 Daily Devotional, and Ann Voskamp’s newsletter, and she writes regularly for email subscribers and website visitors at jodieberndt.com. Jodie also loves speaking to church groups and at conferences around the country, where she brings a blend of biblical insight and real-life humor to parenting, prayer, and other topics that shape our lives.

Jodie earned her B.A. in English from the University of Virginia. It’s no surprise that she’s a big U.Va. fan; that’s where she met her husband, Robbie, and where they eventually sent all four of their children to school. Football season may be painful, basketball can be both heartbreaking and glorious, but year in and year out, everyone is always happy at the tailgate!